Trinity Area School District October 2022 - Trinity Breakfast Menu *MENU SUBJECT TO CHANGE*



ALL MEALS SERVED WITH MILK CHOICE OF:

1%WHITE, 1% CHOCOLATE

100% Fruit Juice

School Nanch MENUS

Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity

Cafeteria or pay online thru Skyward.

	Ca	reteria or pay online thru Si	Catereria of pay online thru Skywara.				
October 03	October 04	October 05	October 06	October 07	What is a MEAL?		
					You must choose at least		
WG Pancakes w/syrup	Smoothie & WG Chex Mix	WG Pop Tarts	Warm Cinnamon Roll	Breakfast Pizza	3 of the 5 components		
Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	available for the school		
Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	lunch price. A minimum		
Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	of a 1/2 cup of fruit or		
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					a reimbursable lunch.		
					Components are		
					i i		
October 10	October 11	October 12	October 13	October 14	Meat or Alternative		
					Grain/Bread		
WG Muffin	French Toast	Breakfast Pizza	Breakfast Sandwich	WG Funnel Cake	Choice of Vegetable		
Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Choice of Fruit		
Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice			
Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Milk Selections are		
					1% White		
					Checolate		
					320032010		
October 17	October 18	October 19	October 20	October 21	Meals are Grab & Go		
October 17	00105C1 10	GC10201 19	0010001 20	0010501 21	No choices of fruits		
Cinnaman Dalla	Donaldon A Dinna	NA - 551	Duralifant Cardaiah	Committed Free and Dissoit			
Cinnamon Rolls	Breakfast Pizza	Waffles w/syrup	Breakfast Sandwich	Scrambled Eggs and Biscuit	and vegetables		
Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Fruit May Include		
Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Oranges, Pineappie, Grapes,		
Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Banana, Pears, Peaches,		
					Cantaloupe, Melon, Apples,		
					Strawberries, Fruit Salad,		
					Applesauce, Mixed Fruit,		
October 24	October 25	October 26	October 27	October 28	Mandarin Oranges, etc.		
WC Downston out on the	Constitution & NAC Characteristics	MC Den Tente	Marin Circano Dell	Description Disease			
WG Pancakes w/syrup	Smoothie & WG Chex Mix	WG Pop Tarts	Warm Cinnamon Roll	Breakfast Pizza	- " - " - "		
Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Cereal w/mini muffin	Daily Cold Veggies		
Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	Fruit Selections and Juice	May Include		
Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Assorted Milk Varieties	Carrots, Side Salad,		
					Broccoli, Cole Slaw,		
					Green and Red Peppers,		
					Cucumbers, Cauliflower,		
October 31					Salad, Spinach Salad		
	Apply for FREE and REDUCED		Students must take the full meal		Carrots, Side Salad,		
	Meal Benefits at		or pay the ala carte price				
	www.schoolcafe.com	COL	Menu subject to change		Make Payments Skyward		
Teacher			without notice due to availability	Breakfast is free	or send a check made		
Inservice	Paid Breakfast \$2.00			for all enrolled	out to Trinity Cafeteria		
Day	Reduced Breakfast \$.30	TRA S	Check us out on Facebook or	students	Cash can be lost		
	1	- K-W	Twitter @tasdfoodservice				
			724-223-2000 ext. 6504				
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